READY OR NOT CO.

CHECKLIST

72 HOURS AT HOME

What a household needs on hand to stay put for several days without power or water.

WATER AND FOOD

- ☐ One gallon of water per person per day, for several days
- ☐ Non-perishable food for at least several days
- ☐ A manual can opener
- ☐ Pet food and extra water for pets

LIGHT, POWER AND NEWS

- ☐ Flashlights and extra batteries
- ☐ Battery-powered or hand-crank radio
- ☐ NOAA Weather Radio with tone alert
- ☐ Phone chargers and a backup battery
- ☐ Carbon monoxide detectors with battery backup

WARMTH, HEALTH AND SANITATION

- ☐ Sleeping bag or blanket for each person
- ☐ Change of clothes and sturdy shoes
- ☐ First aid kit
- ☐ Prescription medications and glasses
- ☐ Dust masks
- ☐ Moist towelettes, garbage bags and plastic ties
- ☐ Hygiene supplies

PAPERS AND MONEY

- ☐ Copies of insurance, ID and bank records in a waterproof container
- ☐ A small amount of cash in small bills
- ☐ Local maps
- ☐ Whistle

Sources: Ready.gov, Build a Kit; Ready.gov, Power Outages. Last reviewed November 17, 2026. General planning information, not medical, legal or financial advice.